

Planning For Going Home (Discharge)

Your discharge plan will start from your admission and you will be given an expected date of discharge as soon as it is medically possible to do so. **You may be discharged at short notice** and we ask that you leave your bed by **11:00 am**.

As part of your treatment, your doctors and nurses may decide that care may be provided in your own home, with support from the community. This may come in the form of nurse visits, antibiotic treatment, dressings, physiotherapy and/or blood tests.

Also, your care maybe continued in other adjoining facilities under the Mater Hospital, where you may need further treatment.

Use this checklist to help you prepare for going home.

Discharge Checklist

- Has your family / next-of-kin been informed about your discharge?
- Have you received information leaflets relevant to your condition? Do you have questions or concerns?
- Do you have transport home?
- If you have a wound, what care is needed? Have you stitches or clips that need to be removed?
- Do you have house keys, clothes and is there food available?
- Have you got your discharge prescription? Discharge medication is not supplied by the hospital*.
 - Do you have someone who can get the medication for you?
 - Do you know what the medication is for, and how often and how long should you take it for? If you are unsure, ask your doctor before you leave.
- Have you got all your belongings?
- Do you need an outpatient appointment or follow up care?
 - Outpatient Appointment
 - Public Health Nurse
 - Home Help
 - Family
- Do you need a letter for your doctor or public health nurse?
- Do you need a medical certificate for your employer?

Main Hospital Numbers

Main Hospital Number: 01 - 803 2000
 Blood Testing Appointments: 01 - 803 4735
 Outpatient Appointments: 01 - 803 2295
 Physiotherapy Appointments: 01 - 803 2260
 Eye Outpatient Appointments: 01 - 803 4090

Hospital Location

The hospital is located in Dublin's northwest inner city, between Eccles St, Dorset St and the North Circular Rd. It is easy to get to by public transport and is a 10-15 minute walk from O'Connell St. in Dublin's city centre.

For more information, check the hospital website (www.mater.ie/travellingtothehospital)



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MATER MISERICORDIAE UNIVERSITY HOSPITAL



A Guide for YOUR HOSPITAL STAY

Tús Áite do
Shábháilteacht 1 Othar
Patient Safety 2 First

Admission to the Hospital

Admission to the hospital is either pre-arranged or through our Emergency or Out-patient Departments.

From time to time, emergencies may delay your own planned admission

For pre-arranged admission, you will either be told by phone or in writing the date and time of your admission. When you arrive at the hospital you should go straight to the Admissions Office (unless otherwise informed) where you will be registered. The following information may be required at registration:

- Title (Mr, Mrs, Dr etc.)
- Name (forename and surname). The forename should be the name on the patient's birth certificate
- Alias: The name by which the patient likes to be known, if different from the patient's name
- Home address / current address (if different)
- Next of kin / contact in the case of an emergency (name and address)
- Two contact telephone numbers (landline and mobile)
- Patient date of birth
- Gender
- Marital status
- Patients GP and GP contact details
- Healthcare record number assigned at registration
- Admission referral source
- Mode of arrival
- Medical insurance
- Mothers maiden name
- Religious preferences
- Ethnicity / nationality
- Spoken language (indicate if an interpreter is needed)
- Occupation
- Medical Card (yes / no). Medical Card Number if yes

You will then be admitted to the ward by both nursing and medical staff and cared for by a multi-disciplinary team.

Patients must obtain local permission should they wish to leave the ward area for personal reasons.

You may be required to transfer to another ward area during your hospital for clinical or organisational reasons.

Day Cases / Procedures



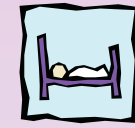
Follow the instructions in the letter you received informing you about your procedure and go straight to the relevant area / department at the appointed time.

Fasting for Pre-Arranged Surgery



You must go without milk / milk products and solid food for 6 hours and water for 2 hours before your operation. If you do not, your operation may be delayed or cancelled.

Isolation Facilities / Single Rooms



Although you may have been allocated a single room on admission, you may be asked to transfer to another ward area during your hospital stay for clinical or organisational reasons.

Meals



A choice of meals will be available to you. If you have any special dietary requirements you should inform the ward manager / catering staff.

Every care is taken to ensure that the food you eat while in hospital is safe and wholesome. Only food supplied by the hospital should be eaten by patients staying in hospital. The Mater Hospital will not accept any responsibility for food eaten by patients that has not been produced by the hospital.

During your stay in the hospital, please ask your relatives / visitors not to bring you meals or food as you may be at risk of getting a food borne illness.

The Environmental Health Officer has instructed the hospital that inpatients are not permitted to eat in the staff restaurant. This also applies to Café Sol and Selections Café.

Personal Belongings



Please be careful of your personal belongings and medical aids (for example, dentures, hearing aids, glasses, mobile phones, walking sticks, zimmer frames, personal wheelchairs etc.), as the hospital does not accept responsibility for their loss or damage.

What to Bring With You

- ✓ All your current medications, including herbal or over-the-counter medicines and nicotine replacement therapies
- ✓ Medical Card / Health insurance details
- ✓ Nightwear, dressing gown and slippers
- ✓ Underwear
- ✓ Toiletries / towels (face, hand, bath)
- ✓ Change of clothing
- ✓ Contact details of your next of kin

What Not To Bring With You

- ✗ Valuables
- ✗ Jewellery
- ✗ Cash (except for a small amount)
- ✗ Too much clothing (space is limited)
- ✗ Electrical Equipment (Radios, TVs, computers, playstation etc.)
- ✗ Tobacco products, alcohol, illegal substances, food