



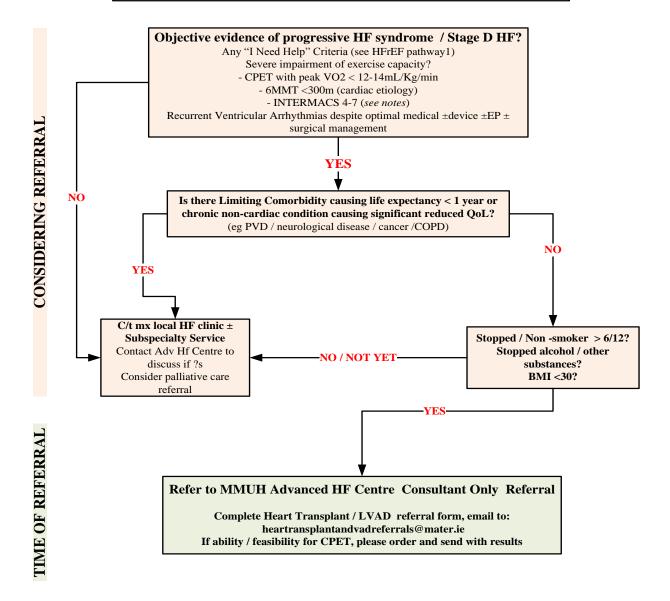
# Mater Misericordiae University Hospital

## Non / HFrEF / Less Common Cardiomyopathy( age $\leq$ 65 years) **Out Patient Referral**

### Preserved EF / Non-DCM phenotypes including:

Hypertropic\* or Restrictive Cardiomyopathy\*\* Valvular Cardiomyopathy\*\*

Adult Congenital Heart Disease associated HF Radiation and / or chemotherapy-induced Familial Arrhythmogenic Cardiomyopathies\*\*\*\*



### FOOTNOTES

- Some metabolic/mitochondrial or familial cardiomyopathies may also present as a hypertrophic cardiomyopathy ie non-sarcomeric these also come in here, don't mean classic "HOCM" only.
- For restrictive cases, in this age group, most common familial. Important: please rule out amyloid (early TTR or AL) prior using serum free light chain ratio (in addition to any cardiac imaging) PRIOR to referral
- \*\* Valvular if no valve-based surgical or percutaneous options remaining

  \*\*\* May have preserved EF but scar burden/association with refractory ventricular arrythmias limiting life expectancy or causing significant functional limitations

INTERMACS: 7 scale classification of stage D HF. 4-7 describe various levels of severe exertion limitation: 4 = symptoms at rest/inability to exercise, 5/6 symptoms on very minimal exertion, 7 "advanced Class III" symptoms - the old "3b"