



What is post acute care?

The Mater Hospital is an acute hospital which means we specialise in treating patients who have urgent, short term medical needs. With some of our patients, they reach a point of being medically stable but are not quite ready to go home or to go to a nursing home. For these patients, we provide a specialised service called post acute care where we provide support to you and your family until you reach your full potential and can be discharged.

What to bring with you

- ✓ Daywear and underwear
- ✓ Nightwear, dressing gown and slippers
- ✓ Footwear
- ✓ Glasses
- ✓ Mobility aids
- ✓ Toiletries

Visiting hours

All visitors to the unit are asked to sign in with the security guard at the main reception on arrival. Children are welcome, however they must be supervised by an adult at all times and must not disturb other patients.

Visiting Times

1.30pm – 4pm & 5.30pm – 8.30pm

Visiting outside these times must be agreed with nursing staff.

Contact us

Post acute care services (Synge, Yeats, & Joyce units)

- ☎ T: 01 884 2820 (S)
- ☎ T: 01 884 2826 (Y)
- ☎ T: 01 884 2840 (J)
- 📄 F: 01 884 2823

Post Acute Care Services
Fairview Community Unit
Griffith Court
Marino
Dublin 3



POST ACUTE CARE SERVICES (PACS)

Joyce / Synge / Yeats Units



Our team

You will be treated by a team that specialises in re-ablement. This means that we will support your recovery until you reach your full potential and are well enough to return home. The service is led by nurses, with close support from consultants who specialise in providing care for older people, medical social workers, pharmacists and others.

To help you reach your full potential and to ensure a safe and successful discharge from our care, our team will

- Provide information and support to you, your family and home carers to avoid the need for nursing home care where possible.
- Help you or your family put extra supports in place for when you go home. We can, for example, help you apply for home care packages and other services.
- Visit your home with you, so that you can become familiar with things again and feel more confident about going home.
- Help speed up the nursing home application if this is relevant.
- Set up any other services you may need, such as wound care management, IV antibiotic therapy (through a drip) or palliative care (pain management) services.



What you can expect when you move to PACS

Discharge planning

An effective discharge process ensures that patients do not stay in hospital longer than necessary. **The discharge planning process starts as soon as a patient arrives to the unit** as this will help us fulfil our obligation to offer treatment at the earliest opportunity to other patients who are awaiting admission.

We request that patients and their families discuss the discharge plan options with the nursing staff as soon as possible.

We ask families to escort patients to outpatient appointments and when transferring to a nursing home or indeed home.

Recreation and facilities

- Our activities co-ordinator will plan patient activities each afternoon from Monday to Friday including painting, quizzes, music, board games, bingo, exercises and movies.
- Pet therapy takes place on Monday evenings.
- We have lovely gardens for patients in all units to enjoy.
- Hairdressing appointments are available on Fridays.
- Mass is held on Sunday.



Dining

- Breakfast is served in the dining room at 8.30am.
- Mid-morning cup of tea/coffee is served either in the sitting room or your room (the choice is yours) at 10.30am.
- Dinner is served in the dining room at 12.30pm.
- Tea is served in the dining room at 4.30pm.
- Supper (cup of tea and a sandwich) is served in your room between 7.30pm-8.30pm.

